



Easy Reference

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Coordinator
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NATURALLY Spirited

PUBLISHED BY THE TOWNSHIP OF KILLALOE, HAGARTY AND RICHARDS

June 2014

Canada Day Festivities KHR gears up for best national celebration in the Valley

The annual Canada Day celebration, often known locally as the best event in the Ottawa Valley, is gearing up for another great day in Killaloe, Hagarty & Richards.

Children's Fishing Derby

A fishing derby for kids will be held from 8:00am to 12:00 Noon at Brennan's Creek.

There will be prizes and plenty of fun. The event is sponsored by the KHR Firemen's Association.

Soap Box Derby

Registration for the soap box derby takes place on Annie Street in Killaloe at 11:00am. Cost is \$10 per racer and includes a souvenir. Prizes are awarded for the top three finishes in each category. There is an on-site BBQ with hotdogs and pop for sale (racers get a free hot dog and drink). The event is open to participants of



any age and soap boxes are available to rent for \$5. This event is organized by the Killaloe Lions Club.

Music Bash

St. Andrew's schoolyard is the host of the music bash for Canada Day. Alan Coulas will be the MC for the evening. Music begins at 5:30pm with local band, Sidewinder, opening the festivities. At 7:30pm there is a Logger's Chair auction with auctioneer Patrick Daly calling the bids. At 8:00pm, Olivia Charette and her band take the



stage until dusk. Refreshments are available on site to support St. Andrew's School Parent Council. A special performance of O Canada will be delivered by Luna and Solana Nordholt.

Take Out Open Later

Killaloe Station Take Out will be open from 10:00am to 9:00pm on Canada Day.

More Information

For more information on these events, and for photos of the day, visit us on Facebook at: www.facebook.com/NaturallySpiritedKillaloeHagartyRichards

LIBRARY FUNDRAISER
Saturday, July 5th at 7:00pm.
Lion's Hall, 18 Lake Street in Killaloe. Entertainment by blues harpist Jerome Godboo of Toronto. \$8/person and \$15/family. Tables provided for potluck for those wishing to participate. 7:00pm local music with Jody DiGregorio, Rick Schmidt and Robbie Anderman followed by Godboo at 8:00pm.
www.jeromegodboo.com

FLOTILLA
Round Lake Flotilla
Saturday, August 2
Setting sail for a leisurely cruise around beautiful Round Lake. Gather at the public boat launch at St. Casimir's Church at 7pm in your boat, canoe or kayak to tour the lake. Olivia Charette will be performing on the Charette dock as you go by. For information, contact Maria Mayville at 613-757-1566, follow the municipality on Facebook or email: khrvolunteernetwork@gmail.com



Upcoming Events

Tuesdays in June and July
Yoga Classes. 10:30-11:30am gentle exercise with no floor mats required. 6:00-7:00pm a more strenuous exercise and floor mats required. Killaloe & District Senior Citizens Friendship Club. 12 Lake Street, Killaloe.

Mondays, Wednesdays and Fridays in June and July
Marianhill Adult Day Program. 9:00am to 4:00pm. Killaloe & District Senior Citizens Friendship Club.

June 28, 2014

Makwa Fest. Algonquins of Pikwàkanagàn First Nation hosts their first Aboriginal Arts & Music Festival. This event will promote Aboriginal music, arts, crafts & food. Music from award-winning Aboriginal artists including A Tribe Called Red Juno award winner and blues artist Derek Miller. 1pm to 11pm. \$15 per person. Open to the public. For information, visit: www.makwafest.com

July 3, 2014

12:00 Noon. BBQ. Meet old friends and make new friends. Killaloe & District Senior Citizens Friendship Club. 12 Lake Street, Killaloe.

July 8, 2014

Foot clinic. 9:00am-4:00pm. Killaloe & District Senior Citizens Friendship Club. 12 Lake Street, Killaloe.

July 12, 2014

Bonnechere Park
Archaeology Day. 10:00am to 2:00pm. Celebrate the history of archaeology in and around Bonnechere Park. Participate in mock archaeology excavations where children play the role of archaeologist. Create a coil pot of your own. Artifacts recovered at various local archaeological excavations over the past 20 years. Guest speakers will provide further insight.

Legacy Skills Program Launches at CRC If you have a skill to teach, please contact CRC for details

The Community Resource Centre & the Killaloe and District Senior Citizens Friendship Club invite you to participate in our new Legacy Skills Program.

This inter-generational program provides individuals an opportunity to share their talents with others in the community. We are seeking people who would be interested in sharing their knowledge around the following topics or one of their choosing. Topics could include: Bread, jam, preserves, canning, pickling and freezing foods; preparing salsa, pesto, perogies, sauerkraut or sausage; root cellaring and off-grid living; lawnmower care/ maintenance;

basic car care; plumbing; knitting, crocheting, sewing or quilting; maple syrup making or harvesting wild foods.

If you can lead a discussion or hands-on class we would like to hear from you. We purchase supplies for classes and provide an honorarium for your time.

Upcoming events include a DIY garden organizer (June 19 from 1pm-3pm) and Learn to Plant an Organic Garden (June 26 from 1pm to 3pm). The Legacy Skills Program takes place every Thursday from 1pm to 3pm at the Friendship Club.

To register, volunteer or for additional information please contact the Community Resource Centre by email at:



youth@crc-renfrewcounty.com or by phone at 613-757-3108. The program is on Facebook at: www.facebook.com/LegacyRetroSkillsProgram

Bring Your entrepreneurial Spirit to KHR Township Opportunities to promote your business in July & August

Killaloe, Hagarty and Richards has three opportunities available to vendors this summer.

Killaloe Pocket Market

Held in the heart of Killaloe across from Station Park, the Pocket Market will operate on Fridays (6-8pm), Saturdays (9am-12pm) and Sundays (9am-12pm). The cost to be a vendor is \$10 per day or \$25 for the weekend. The Market runs in July and August. On Fridays

there is also music in the Park and a pub at the Curling Club. Find us on Facebook by searching Killaloe-Open for Business.

Party in the Park

Held on Sunday, August 10th from 11am-3pm, this is a free vending opportunity at the Round Lake Recreation Park. Event includes great music, classic car show, food and more.

An Irish Gathering

This four-day event includes another free vendor opportunity on Saturday, August 16th. The day includes a parade and music in Station Park. Vending is 10am to 7pm. Event is on Facebook: Killaloe: An Irish Gathering.

Contact Maria Mayville

For information and to reserve a vending spot, contact Maria at 613-757-1566 or by email at: khrvolunteernetwork@gmail.com

July 19th **10am-2pm**

Open House

KHR Fire Department

Kids Activities: Fire Stream Target Board, Mini Fire Truck Rides, Fire Hose Spray, Water Curtain (bring towels!)

Adult Activities
Adult Firehouse Ball Challenge
50/50 Draw

Exhibits
Fire trucks, Bickle, Evacuation Centre, Equipment, Paramedics, Fire Extinguishers, Museum

Air Bag and Auto Extrication Demonstrations

Free hotdogs and drinks.
Sparky and Smokey on site!
Free draws and giveaways!



Party IN THE Park

The Trophy Husbands
Classic Car Show
Crafters and Vendors
Free Art for Kids
Griffith Farm & Market
(Bonn Valley Farm)
KP Kettle Corn
&
Ask the Naturalist from
Bonnechere Park

Sunday, August 10th
Round Lake Rec Centre
11am to 3pm
Rain or Shine!

The Coolest Thing at Bonnechere

Free day pass allows residents to "see for yourself"

If you haven't seen the "Cool Things at Bonnechere Park" video on the Ontario Parks YouTube channel, take a peek.

There are artifacts, rustic cabins, the river itself, the Footprints in Time Trail, and many other cool things like the beach and great camping opportunities. But there is one really cool thing that stands out from the rest, one that's never really mentioned, never put in videos, and not often acknowledged as frequently as it should. This cool thing is you: the people who make Bonnechere Park a part of their lives, year after year through camping, fishing, hiking, and recreating. It's the relationship created



between the Park and guests, community residents and local business that has created such a personal, long-lasting connection to the environment and history contained within the Park boundaries.

We welcome the community to make a connection to the Park and help forge a path into the future. The cool things contained

within the park are not cool because the Park decided they were, but rather because they represent shared, unique and personal connections with the history and culture of the people who have been visiting the park for many years.

Bonnechere Provincial Park invites you to "see us for yourself" this summer. There is a complimentary day pass for checkout available at the Killaloe Public Library.

Come explore the nature and history of the Park and the surrounding area and make some lasting connections. Information on park events is online at: ontarioparks.com/park/bonnechere Click "Park Events".

MV Grade 9 Head Start 2014

Information day for students and parents

Madawaska Valley District High School invites the class of 2018 and their parents to the orientation session for grade 9 students. The orientation takes place on Thursday, August 28th from 9:00am to 10:30am. It is held at the high school.

This orientation allows you to meet your Student Activities Council members and some staff members. A brief information

session is provided as well as updated timetable (room numbers and names of teachers), lock and locker assignments and school tours.

Please bring your completed and signed forms (consent and registration verification from the summer mailing), proof of any completed community hours, \$5 for a mandatory MVDHS lock purchase and \$25 for a student

fee (cash or cheque to MVDHS).

For information, contact Ms. Sweeney at 613-756-3048 ext.5063 or by email at: sweeneyc@rcdsb.on.ca during the school year.



Songs from the Park

Bring a lawn chair and sing along with live music in Station Park. This music series offers unique concerts each Friday through July and August. While you're there check out what's new at the Book Tree and explore the Pocket Market just across the street. Visit the Curling Club Pub open Friday evenings at 7:00pm.

Free Local Entertainment!

6pm-8pm

- July 4:** Roddy McCann
- July 11:** Ray Chapeskie
- July 18:** Mask Family
- July 25:** Stephanie Keon-Pinkerton
- August 1:** The Trophy Husbands
- August 8:** Schroeder Nordholt
- August 15:** An Irish Gathering
- August 23:** Jeanette Tubby & Friends
- August 29:** Terry McLeish

An Irish Gathering

August 14-17

A festival filled with music, dancing, food, drinks, family friends and more!

www.killaloe-hagarty-richards.ca

Facebook:
Killaloe - An Irish Gathering

Waste Disposal Sites & Hours

KILLALOE SITE

1049 Mask Road
Wednesday: 7:30am - 11:30am
Saturday: 8:00am - 4:00pm
Friday: Noon - 4:00pm

ROUND LAKE SITE

168 Sunrise Road
Thursday: 8:30am - 3:30pm
Sunday: 8:30am - 3:30pm
Closed on the Sundays of a holiday weekend. Open on the Mondays of a holiday weekend from 2:00pm - 6:00pm (exception: closed Canada Day Mondays)

Extended Hours

Effective August 1, 2014, the hours at the Round Lake Waste Site for holiday Mondays (May - October) will be 10am to 6pm.

Automotive Plastic

The Township is pleased to announce we are accepting automotive plastic containers at the Killaloe Waste Site effective immediately. Types of container include those used for oil, antifreeze and coolant, windshield washer fluid, oil filters and more. Maximum size is 20L (5 gallons). Signs will be posted in designated areas.

Compost For Sale

Compost is available for sale while supplied last at the Killaloe Waste Disposal Site. The cost is \$25 per cubic yard. You can load your own or call ahead to make arrangements with Works Superintendent, Clifford Yantha (613-401-9073) for assistance. Compost is only available during normal waste site operating hours.

Batteries Accepted

The Killaloe Waste Site is accepting automotive and household batteries for disposal.



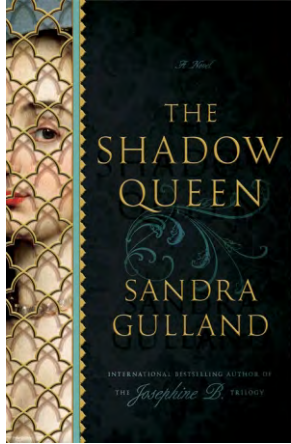
Bestselling Author at Library

Sandra Gulland to read on June 19th

Local author, Sandra Gulland, is making a guest appearance at the Killaloe & District Public Library. Gulland will be reading from her latest novel "The Shadow Queen," on Thursday, June 19th at 7:00pm.

Gulland is an American-born Canadian novelist. She is the author of "Mistress of the Sun," a historical novel based on Louise de la Vallière, mistress of Louis XIV, The Sun King, and a trilogy of novels based on the life of Josephine Bonaparte: "The Many Lives & Secret Sorrows of Josephine B.," "Tales of Passion, Tales of Woe" and "The Last Great Dance on Earth."

To date, Gulland's novels have



been published in 15 countries and translated into 13 languages. "The Many Lives & Secret Sorrows of Josephine B." was a bestseller in the United Kingdom.

In 1980 she and her family moved to a log cabin near Killaloe where she started a community newsletter called

"The Community News & Confuse" with a friend.

There will be time for book signing and questions following Gulland's reading in Killaloe. Light refreshments will be served. Entrance is by donation with all proceeds going to Library improvements. For more information, call 613-757-2211.

Sandra's Website

For more information on Sandra Gulland, visit her website at: www.sandragulland.com. You will find her bio, books, a blog and the opportunity to purchase books online as well.



Publishing Dates & Deadlines

August 2014 Issue
Deadline: July 15

September 2014 Issue
Deadline: September 1

November 2014 Issue
Deadline: October 20

January 2015 Issue
Deadline: December 15

BUSINESS DIRECTORY

\$20 per issue. Book your listing with Maria Mayville by emailing her at: Khrvolunteernetwork@gmail.com or the municipality.

Proceeds from the advertising are returned to produce the newsletter and support economic development initiatives within the municipality.

News Via Email

If you wish to receive the newsletter by email, for easy posting on your website or to send to friends and family, just email us and we'll send it. It is also available to download from the municipality's website.

Newsletter Submissions

If you have an idea for something to be included in the newsletter, please feel free to make the suggestion. We also accept photos and event listings.

We encourage all information pertinent to residents and businesses within the municipality and welcome submissions.

Where To Go For Things You Need

A quick reference of businesses and organizations around our region

Carefor Health & Community Services

www.carefor.ca

Transportation to non-urgent medical appointments, home care services, and more. Visit us online for what we offer.

Holistic Hands Massage

Phone: 613-639-0937

Pre-natal, deep tissue and relaxation massage available.

Accepting new clients!

Valley EFAP

www.valleyefap.com

Renfrew County's local choice for employee and family assistance program. We can help employees with life stressors and employers with workforce supports.

RW Home Services

Phone: 613-281-2442

rwmhomeservices@gmail.com
Licensed carpenter and professional painter. 20+ years experience in residential and commercial renovations.

Enterprise Renfrew County

www.enterpriserenfrewcounty.com

Summer Company applications are now available for students wanting to run a business for the summer. Ages 15-29. Grant amount up to \$3,000.

Integrated Health Centre

www.ihcentre.ca

Chiropractic, nutrition, laser therapy, quality shoes and more at Integrated Health Centre on Nelson Street in Pembroke. Visit us for your health needs.

Layman Fire & Safety

Phone: 613-732-5320

www.laymanfireandsafety.com
Serving Killaloe region with fire alarms, fire extinguishers and training, sprinkler systems, kitchen systems and more.

Ottawa River Power Corp.

Phone: 613-732-3687

See our website for ideas on saving energy, coupons and more. For businesses and for residential applications.
www.orpowercorp.com



M&R Feeds & Farm Supply

www.mandrfeeds.com

Visit us in Micksburg, Pembroke or Shawville for rural living and farming needs. Fencing, pet food, pool supplies and more for your home or farm property.

Renfrew County CFDC

www.rccfdc.org

Turned down by the bank for a business loan? Ask us how we can help. Our funding programs lend money for businesses to help them reach their goals.

Travel Our Backyard Magazine

www.travelourbackyard.com

The region's local tourism magazine with things to do in Renfrew County and the Pontiac. Get a printed copy or visit us online, on Facebook and Twitter.

You can list here!

For just \$20 per issue. You can list your business, event, service or organization in this space!