



NATURALLY SPIRITED

PUBLISHED BY THE TOWNSHIP OF KILLALOE-HAGARTY-RICHARDS

APRIL 2013

KHR Awarded A Book Tree

Municipality is one of four to be selected for inaugural launch

Book Trees have been around since 2006, but not in Canada. The concept came from Berlin, Germany as a way to do something neat for the community. Now, the Book Tree is coming to Killaloe, and it will be one of the first such projects to happen in Canada.

The Book Tree (photo on the left) is an actual tree trunk where slots are made to store books. People can drop off books and take books from the tree at any time. The tree becomes a community meeting spot, and

promotes the value of reading at the same time. There is no fee and the book tree is open year-round. You can even register books using www.bookcrossing.com.

The Book Trees are currently under construction by Mike Graham of Calabogie Rustic Furniture. Funding for the Book Tree Project was made possible from an Ontario Ministry of Children and Youth Services-Community Action Research and Innovation Funds grant through the County of Renfrew Best

Start Network.

The other benefit of the Book Tree in our region is the connection to our forestry industry. The tree shows the evolution of tree to wood to paper, allowing an appreciation for an industry that basically established Renfrew County.

More information on the book tree is available on the KHR website. The project will take root at Station Park in May or June 2013.

Updates will also be posted on Facebook.

Easy Reference

COUNCIL

- Mayor Janice Visneskie
- Carl Keuhl (Ward 1)
- Isabel O'Reilly (Ward 1)
- Stanley Pecoskie (Ward 2)
- Debbie Peplinskie (Ward 2)
- Kathy Marion (Ward 3)
- John Jeffrey (Ward 3)

TOWNSHIP OFFICE

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Phone: 613-757-2300
Fax: 613-757-3634
Info@khrtownship.ca
www.khrtownship.ca

STAFF CONTACTS

- Lorna Hudder
CAO Clerk Treasurer
- Susan Sheridan
Deputy CAO Clerk Treasurer
- Tracy Lapenskie
Office Administrator
- Clifford Yantha
Works Superintendent
- Don Wrigglesworth
Bylaw Enforcement Officer
Chief Building Official
- Bob Gareau
Fire Chief
- Maria Mayville
Community Development
Coordinator

Treatment Plant Ribbon Cutting

KHR Township invites all residents to an open house and ribbon cutting event to celebrate the implementation of a drinking water project that has been in the works since November 2012.

The THM Reduction Project is about reducing concentrations of Trihalomethane in drinking

water in Killaloe. The reduction is achieved using a secondary disinfectant. The reason for the celebration is that this is the first time the process will be used in drinking water systems in North America. The new system has been operating successfully since November 29, 2012.

The open house event will be held May 7, 2013 at the Killaloe Water Treatment Plant at 226 Water Street in Killaloe. It will begin at 3:00pm. Tours of the plant will follow the ribbon cutting ceremony. All are welcome to share in this event.

WORLD AUTISM DAY PROCLAIMED

KHR proclaimed April 2nd to be World Autism Awareness Day. Autism Spectrum Disorder affects 1 in 94 children and is recognized as the most common neurological disorder. The municipality and local residents participated in a flag raising to recognize the proclamation. For information on autism, visit: www.autismontario.com

OFFICE HOURS EXTENDED

Effective April 15, 2013, hours at the municipal office will be extended. The office will remain open Monday to Friday, but new hours will be 8:30am to 4:30pm. The extended hours are being enacted to assist residents with having greater access to the municipal office. The municipality is also reachable by email at: info@khrtownship.ca

NEWSLETTER AVAILABLE ONLINE

A copy of this newsletter will be available online with each publication. You are welcome to download, read and share this publication in promotion of news and events in the municipality. You are also welcome to post it on your own website, or link to it if you wish. Thanks, in advance for your support.

Emergency Preparedness Things To Think About



Prepare Now. Learn How. Emergency Survival Checklist.

To prepare your family for an emergency you should have a three-day supply of the following items for each person in your family:

- Flashlight and Batteries
- Radio and Batteries
- Spare Batteries
- First Aid Kit
- Candles and Matches
- Extra Car Keys
- Cash
- Important Papers
- Food, Bottled Water
- Clothing, Footwear
- Blanket, Sleeping Bags
- Toilet Paper
- Personal Items
- Medication
- Backpack To Hold Items
- Whistle
- Playing Cards, Games

For more information on how you can be prepared, please visit the Emergency Management Ontario website. There is a link to this site on the municipality's website.

CONSIDER JOINING THE KHR EMERGENCY PREPAREDNESS COMMITTEE

Emergency Preparedness Critical In First 72 Hours

Volunteers needed for emergency planning

Every Municipality in Ontario is required to prepare an emergency response plan for their community. This plan helps guide citizens should there be a "state of emergency" in the municipality, such as with a natural disaster. The Township of Killaloe Hagarty Richards has prepared a plan, and is looking for people to be volunteers in case of an emergency.

More information on this

volunteer role, and on personally preparing for an emergency will be available during Emergency Preparedness Week (May 5-11).

Each year Emergency Management Ontario chooses a theme to focus on for the week, and this year, the theme is seniors and emergencies.

Please see our chart to the left of this page about key things to consider in your personal emergency management

planning. It is always a good idea to have a plan for your family.

The first 72 hours of an emergency situation are critical for the protection of life and property. With nearby areas under flood advisories, the Emergency Management Ontario website offers tips on how to deal with flooding at: emergencymanagementontario.ca



Farmers can recycle farm film and ag plastic for free at Renfrew County Recycling, 60 Lisgar Avenue in Renfrew. Saturday, May 25 9am to 2pm For information: Phone: 613-432-2885



Restocking Program Open For Donations

The rehabilitative stocking of the unique native strain lake trout in Round Lake is going well. Returning the lake to an active and blooming fishing destination is a positive step forward for economic and cultural development in the municipality. It's an exciting project that everyone can participate in!

Currently there are 10,200

'Round Lake Strain' lake trout at the North Hastings Community Fish Hatchery. The first 5,000 cost \$1 each and each fish after that cost \$1.25 each. We want to bring as many of the 'Round Lake Strain' lake trout as possible back to their home, so a donation program is in place.

In 2012, the Ministry of Natural Resources secured \$5,000 to purchase the first

5,000 fish, the Round Lake Property Owner's Association (RLPOA) and the Township pledged \$2,000. In 2013, the Township has pledged an additional \$2,000. There are still fish looking for a way home.

You can make a donation to the municipality who will send the donation directly to the Hatchery as the Ministry cannot collect cash or cheques. If you have questions about the program please contact the municipality. Your contribution to this unique natural resource will benefit generations to come.



Lake Trout Donations.

For information on the lake trout restocking, and how to donate to the success of this program, visit the Round Lake Property Owners' Association at: www.rlpoa.info/site

It's not often you can make a difference with \$1.25, but that's exactly all it takes to help fish restocking!

www.killaloe-hagarty-richards.ca
1 John Street, Killaloe, Ontario K0J 2A0

Recent Promotions

KHR is participating in Travel Our Backyard, a new local travel guide encouraging people to travel locally this year. The municipality is highlighting the Irish Festival planned in August. KHR also promoted events in the municipality through 101 Things to do in the Valley: Spring Edition. Both are online at: travelourbackyard.com

KHR Fire Department: Calls and Updates

Three firefighters to receive fire inspection training

The KHR Township Fire Department had five calls in January and February, ranging from a motor vehicle accident, down Hydro line, extrication call and structure fire. In March, the department had calls for a chimney fire and fire alarm at a local school.

The department also had 17 firefighters complete truck radio training. More training is upcoming in the areas of

incident management, flagging, heavy extrication, Ministry of Natural Resources, CPR and First Aid, DZ licensing and other valuable training opportunities. Three firefighters have been selected to take the Fire Inspection Training at the Fire College in Gravenhurst.

The quarterly Renfrew County Fire Chief's meeting was held in Cobden in March. Mutual aid meetings have been taking place

throughout 2013 as well with various municipalities to see how departments can assist each other.

The Fire Department reminds you to be aware of outdoor burning as the weather warms. A bit of extra supervision for outdoor fires is a positive preventative measure. Please pay attention to any fire bans or indices throughout the season.



If you require sand and sand bags, see Clifford Yantha at Township Works: Phone: 613-757-3023

Information on water levels for Round Lake and Golden Lake is at: www.renfrewpg.ca



Plant and Book Sale Grows Killaloe Library

17th annual event takes place May 11 at the library

Come out to the annual plant and book sale in support of the Killaloe & District Public Library. There will be perennials, annuals, houseplants and exotic species available. There is also a huge assortment of new and used books and movies for sale.

Included in the day will be live music, food and drinks and a children's area with reading, games and crafts. All proceeds from this sale go directly to support library acquisitions and

programming.

The sale takes place at the library which is located at 1 John Street in Killaloe. The plant sale starts at 9:00am sharp (no early birds please!)

For more information, please contact the library at: 613-757-2211. You can speak to Nicole Zummach, Librarian.

The Killaloe and District Public Library serves residents of: Killaloe, Hagarty & Richards, Brudenell, Lyndoch & Raglan, Bonnechere Valley and North Algona Wilberforce. The library is located in the Killaloe, Hagarty & Richards municipal building at the corner of John and Boland Street in the village

Looking For Contributions

If you have something to contribute to this newsletter Please send it along. This is a community newsletter so helpful information, new products for business and announcements are all welcomed. You are also invited to submit photos with full credit available. Send it to Maria: khrvolunteernetwork@gmail.com

Rainbow Valley CHC Services

REGULAR SERVICES

Nursing, chronic disease monitoring and education, health education, adult fitness and social work.

BY REQUEST

Chiropractic, massage therapy, dietician clinic and women's shelter and support services.

For more information call 613-757-0004 or visit: rainbowvalleychc.on.ca



Broomball Tournament Another Success

To: KHR Township:

I want to thank you and all of the people who have assisted in making the 38th annual Broomball Tournament a great success. I appreciate all the time and energy that went into ensuring the rinks were up and running and in immaculate condition for this event to take place. As well, a thank you to Maria Mayville for her assistance with publicizing, and ensuring the connection remained strong with those involved.

Every year the Broomball Tournament brings together the community and the kids from various areas and I have heard on many occasions how much the youth enjoy the day and appreciate all the work that goes into making the day a success.

Darcy Nicol,
Provincial Constable
Killaloe OPP

About Naturally Spirited: Our Newsletter

Feedback is welcomed and encouraged

Welcome to the first edition of Naturally Spirited: a newsletter produced by Killaloe, Hagarty, Richards. The goal of the newsletter is to pass information along more effectively to people living in this area, and people who are looking to invest in this area. The newsletter is being mailed to all households, and is available online at our municipal website. We encourage any business or organization to also make the newsletter available on their own websites as well.

Beyond Communication

Naturally Spirited also works as a communications piece for people who are interested in what is going on in our area. We have a very diverse population, especially in the summer season, and you never know who might be looking to move to this area upon retirement or to start a



business. Naturally Spirited is a marketing piece that gives people an idea of what is going on in our municipality. The online format also makes it easy to post on websites, send via email and promote on our Facebook page.

Getting Involved: Residents

We welcome submissions to the newsletter, which is scheduled to publish six times a year. Submissions can be with events and also with photos. If it helps build the community, we're interested in seeing it.

Getting Involved: Business

Businesses are welcome to be involved with advertising on this page. The example below shows how businesses will be displayed. (We chose businesses who attended our marketing seminar in October to be in our promotion in this issue.) The cost to be in the remaining issues is \$20 per issue or five issues for \$75. The opportunity will be open to businesses in Killaloe Hagarty Richards until May 15 and then it will open up to other businesses to participate.

We hope you enjoy Naturally Spirited and please feel free to pass it on, provide feedback, and talk about it!

Join Us On Facebook

Search Naturally Spirited on Facebook and join our page. We'll keep you updated on events in the community.

Publishing Dates & Deadlines

May 27 Issue
Deadline: May 20

July 15 Issue
Deadline: June 24

September 16 Issue
Deadline: August 26

November 4 Issue
Deadline: October 14

January 6, 2014 Issue
Deadline: December 1

BUSINESS DIRECTORY

\$20 per issue
\$75 for five issues
(price is plus HST)

Proceeds from the advertising are returned to produce the newsletter and support economic development initiatives.

Where To Go For Things You Need

A quick reference of businesses around our region

Vanderbrook Farm

Phone: 613-757-1078
vanderbrookfarm.com

A natural horsemanship centre with equine assisted therapy programs. Knowledgeable instructors and practitioners.

Holistic Hands Massage Therapy

Phone: 613-639-0937
hhandsrmt.com

Myofascial release, prenatal, hot stone and deep tissue.
Gwendolyn Stewart-Plotz, RMT.

Round Lake Centre Food Market

Phone: 613-757-3458
Round Lake

Jeff and Donna welcome you to the Round Lake Centre Food Market in Round Lake. Pick up the things you need all season.

Killaloe Hardware

Phone: 613-757-2311
Killaloe

Visit Dan and Wendy Harrington at Killaloe Hardware for all the things you need for projects big and small. Full service store.

Send Out Cards

Phone: 613-756-6770
robinlowrysoc@gmail.com
sendoutcards.com/117346

Cards you can design and send with the click of a mouse. Printed, stuffed and mailed for you.

Full Circle Restorative Practices

Phone: 613-757-3104
circles@vianet.ca

Genevieve Jones offers conflict resolution facilitation, as well as workshops and training in restorative practices.

Red Canoe Café & Bakery

Phone: 613-717-3113
mr_baker1@msn.com

Tina and Rudi invite you to Wilno's newest bakery and café. Daily baked goods and homemade lunches await!

Cat Nap & Lazy Dog

Phone: 613-756-5328
catnaplazdog.com

The official pet outfitter and retail store in Barry's Bay. Everything good for your pet and your pocketbook. Visit us today!

Killaloe Flowers

Phone: 613-757-3188
187 Queen Street, Killaloe

For all your florist needs, from key moments of celebration and remembrance to everyday floral gifts. Unique designs available.

Bonnie's Back to Basics

Phone: 613-757-0175
bonniesbacktobasics.com

Natural skin care products using flowers and herbs, rich oils and natural preservatives. Great for gifts and daily use. See us online.

Covered Bridge Park

Phone: 613-757-3368
coveredbridgepark.com

Spend time this summer camping, cottaging or yurting on Round Lake. Seasonal sites also available. Plenty to offer guests.

Sun Life Financial

Phone: 613-735-1797
treena.utronkie@sunlife.com

Treena is an advisor for Sun Life and can assist with investment, retirement planning and savings needs for people of any age.

