



January-February 2015

NATURALLY Spirited

PUBLISHED BY: TOWNSHIP OF KILLALOE, HAGARTY AND RICHARDS

Celebration of Outdoor Rinks

A new event to beat the winter blues

Get ready to enjoy winter outdoors! Yes, winter can be cold but those brisk, bright days make for some memorable conditions to have fun and enjoy what Mother Nature has to offer.

The Township of Killaloe, Hagarty and Richards is celebrating the outdoor rinks and parks in the area with a new winter festival.

The municipality has launched this new initiative to promote the entire region and highlight the assets that the municipality already has, our valued outdoor rinks and our beautiful parks. Running February 6, 7 and 8, 2015, the celebration promises great fun for the entire family, on and off the ice.

From ice-skating to hot chocolate, you can treat yourself to some fantastic winter activities.



Five Locations

Participating venues for the event include the Killaloe Rink, Round Lake Recreation Park, the Makwa Centre, the Wilno Rink and Bonnechere Provincial Park. The Killaloe Rink will host the KHR Firemen's Association family skate, the Kevin Lynch Memorial Hockey Tournament and the Suzanne Cybulski

Women's Hockey Game. Round Lake will host the annual Logger Sports Festival. With chainsaws humming and sawdust flying, the loggers will amaze you with precision, creativity and speed. The event also features local music, family skating, snow activities, free hot dogs and hot chocolate.

The Makwa Centre and Wilno Rinks are both open for public skating thanks to community volunteers.

Bonnechere Provincial Park winter activities include horse and wagon rides, a snowshoe hike, an interpretive program, wood piling contest and songs around the bonfire. The park store will be open and permits are not required.

More information can be found on the municipality's website and the Naturally Spirited Facebook page.

Easy Reference

COUNCIL

Mayor Janice Visneskie Moore
 Carl Kuehl (Ward 1)
 Ted Browne (Ward 1)
 Stanley Pecoskie (Ward 2)
 Debbie Peplinskie (Ward 2)
 Brian Pecoskie (Ward 3)
 John Jeffrey (Ward 3)

TOWNSHIP OFFICE

1 John Street,
 Killaloe, Ontario K0J 2A0
 Monday-Friday 8:30am-4:30pm
 Phone: 613-757-2300
 Fax: 613-757-3634
 info@khrtownship.ca
 www.killaloe-hagarty-richards.ca
 Library: 613-757-2211

STAFF CONTACTS

Lorna Hudder
 CAO Clerk Treasurer
 Susan Sheridan
 Deputy CAO Clerk Treasurer

Tammy Gorgerat
 Administrative Assistant
 Clifford Yantha
 Works Superintendent

Don Wrigglesworth
 Bylaw Enforcement Officer
 Chief Building Official

Bob Gareau
 Fire Chief

Maria Mayville
 Community Development
 Coordinator

Nicole Zummach
 Librarian

CHILDREN'S ACTIVITIES

Looking for a fun activity for kids? Try the KC|DC Killaloe Children's Dance Collective jumps and turns into 2015.

Held on Mondays from 3:15pm to 4:30pm, these activities explore creative movement and style. Held at the Killaloe Lions Hall! This activity is open to ages 0-13. Children aged 7 and under require caregiver attendance. Fee is \$2 per child. For more information, email: wmovekcdc@gmail.com

KILLA-TONES PERFORMING

Learn to sing in four-part harmony with the community choir, open to adults and kids. Exciting A-Cappella arrangements of familiar tunes like the Beatles, Queen, Bruno Mars, Billy Joel and more. Plenty of random fun as well as music. Killa-Tones meets on Thursday from 6:30-7:30pm at Killaloe Public School. Cost is \$10 per class, ages 16 and under pay \$5. For info, email: schroedernordholdt@icloud.com

WILNO RINK MOCCASIN DANCE

The Wilno Rink is hosting a Family Fun night and Moccasin Dance on Saturday February 14, 2015. The event includes children's games, minnow races, a kids versus Moms broomball game, food, drinks, music and dancing. Event starts at 4:00pm and runs until midnight. For more information on the event, search Wilno Rink on Facebook or, visit: www.facebook.com/pages/Wilno-Rink/594518720611808

BITS AND BITES OF NEWS

Outdoor Rink Schedules on Website

Rink schedules for the Killaloe, Killaloe School and Round Lake Rec Centre rinks are always posted online at the Township website. In addition, the Snack Shops at the Killaloe and Round Lake rinks are open during scheduled skating times. Proceeds from the Snack Shops go to KHR Recreation for maintenance and activities in the municipality.

Live Safely At Home

Barry's Bay and Area Senior Citizens Home Support Service provides support service such as Meals on Wheels, transportation to medical and other appointments, telephone assurance and more. If you need help or to volunteer to help others, call 613-756-2772 or see: www.bbahs.org

7th Annual Richard Elie Memorial Pond Hockey Tournament

Sign up now for the annual Richard Elie Memorial hockey tournament. Taking place Saturday, February 21 at the Old Killaloe Pond at 10:00am. Cost is \$10 per player. Hotdogs and pop will be served with proceeds going to Wegner Disease Research. For info, contact Marilyn Kuehl at 613-757-2603.



Free Computer Workshops

For the past two months, the Killaloe & District Public Library has received tremendous response to the one-on-one computer learning sessions being provided by the library's Youth Intern, Lisa Yutronkie.

To continue to bring computer skills to a larger audience, the library will be offering a number of group computer workshops beginning in January. The first of these workshops will teach participants the features of our new on-line library catalogue, and other on-line resources that are available through the library



website. This workshop will take place on Thursday, January 29, 2015 from 10:00-11:00am. Please call the library at 613-757-2211 to register. All ages are welcome.

Other workshops in the

planning stages include a workshop on apps and social media, and another on Microsoft Word and Excel.

Area residents can continue to book one-on-one sessions with Lisa to learn basic computer skills for computers and other electronic devices, such as cell phones, iPads, and tablets.

To book a session or for more information on the upcoming workshops, please feel free to contact Lisa at 613-757-2211.

Also you can stay connected with the library by liking our Facebook page!



Details on: www.khrtownship.ca, at the municipal office or on Facebook: Naturally Spirited

Killaloe Rink

Friday, February 6

KHR Fireman's Association Fire and Ice Family Skate. 6:30-8:00pm. Free hot dogs and hot chocolate.

Saturday, February 7

Annual Kevin Lynch Memorial Hockey Tournament. 8:00am. Contact Derek Cybulski at: 613-757-2283.

Sunday, February 8

6th Annual Suzanne Cybulski Women's Hockey Game. 12:00-2:00pm.

Round Lake Rec Centre

Saturday, February 7

Loggers Sports Festival 12:00-4:00pm. Featuring the loggers plus a bonfire and marshmallows, family skating, snow activities for kids and more. Free hotdogs and hot chocolate. All free to attend. A great event for spectators as you will marvel at the skills of our local loggers.

Makwa Centre

Algonquins of Pikwakanagan First Nation Outdoor Rink is open courtesy of community volunteers.

Wilno Rink

Saturday, February 7

Free family skate courtesy of community volunteers. 9:00am-9:00pm.

Bonnechere Provincial Park

Saturday, February 7

Winter Magic at Bonnechere Provincial Park. No permit required for this family fun event. Come out for a variety of outdoor activities that run from 11:30am to 3:30pm. A great way to spend the day.



Logger Sports Festival Cheer on the competitors

Come out and join the fun at the annual Logger Sports Festival. Held at the Round Lake Rec Centre on Saturday, February 7. The competition runs from Noon to 4:00pm.

In addition to the Loggers, the event will have MC Dai Bassett and will host music by Terry McLeish including "The Logger's Song." Enjoy toasty marshmallows beside a cozy fire plus snow activities for kids.

You can also enjoy family skating (no pucks or sticks please) if the weather cooperates. There will be free hotdogs and hot chocolate, making this a fun event for the whole family.

Come cheer on the loggers at this great event.

Nordic Ski Club Information

Come enjoy the trails and see our kids program

The Opeongo Nordic Ski Club offers over 15km of groomed classic and skate-ski trails in Brudenell, at the top of Drohan Road. Rentals are available. The Club is hosting a Loppet on Saturday, January 31, 2015.

This is a classic ski event with three distances: 5K, 10K and 20K. Distances are approximate and could be modified due to weather or conditions. There will be mass starts at set intervals. Pre-registration closes on January 29, 2015 at 6:00pm.

On-site registration on the day of the race runs 8:30-10:00am, as well as sign-in and bib pick



up. Mass start begin at 11:00am. Schedule and routes will be posted on race day. Visit www.opeongonordic.com for more information.

Kids' Program at Opeongo Nordic

The Opeongo Nordic Ski Club offers a Kids Program. Kids will

play on cross-country skis, review basic nordic skills, participate in fire building, shelter building, nature skills, cooperative games and how to stay safe and enjoy playing outdoors in the winter. Lessons will be loosely structured, taught by a certified Ontario teacher, and there will be constant adult supervision. The Kids Program takes place on Saturdays in February (February 7, 14, 21 and 28) from 10:00am to Noon. Ages 5-12 are welcome. The cost is \$105 for all four sessions.

Come enjoy the beautiful Madawaska Hills!



Summer Hiring?

Canada Jobs Grant Deadline: Jan.30

Canada Summer Jobs provides funding to not-for-profit and businesses with 50 or fewer employees to create summer job opportunities for young people aged 15 to 30 years who are full-time students intending to return to school in the Fall.

Not-for-profit employers are eligible to receive funding for up to 100% of the minimum hourly wage. Private sector employers are eligible to receive funding for up to 50%. The deadline to apply is January 30, 2015. For more information, visit: www.servicecanada.gc.ca

Winter Magic AT BONNECHERE PROVINCIAL PARK

Saturday, February 7th - 11:30am-3:30pm

Join us at Bonnechere Park for a unique opportunity to experience winter activities...play outside, learn about the park and Friends Organization, meet park staff and volunteers and enjoy some interpretive programs. Outdoor activities include:

- Quinzee building
- Self-guided snowshoeing and cross country skiing
- Square timber puzzle building
- Wood piling contest: who is the fastest piler around?

EVENT SCHEDULE

12:00-3:00pm

Horse and wagon rides

12:30-1:30pm

Winter Tails and Songs around the bonfire

1:30-3:30pm

Guided snow shoe hike, scavenger hunt and other outdoor activities

3:00pm

Door prize draw

Hotdogs \$1 each - BBQ or cook your own on the bonfire
Hot Chocolate \$0.50 | Cold Drinks \$1 each

**All proceeds donated to Friends of Bonnechere Park
Park store will be open. No permit required.**



Wednesday, February 4
Lion's SnoFun Supper and Festival Kick-Off 5:00-6:30pm. Adults \$10; ages 5-12 \$5; under 5 Free. Youth talent showcase 6:30pm - Killaloe Lions Hall

SnoFun Children's rink activities. GameOn! Youth Program. CRC. Grades 6-8. 3:00-6:00pm at the Killaloe Rink.

Killaloe Curling Club Bonsel from January 31-February 7.

Thursday, February 5
SnoFun Luncheon. Noon. Killaloe Friendship Club.

Frozen Skating Party. GameOn! Youth Program. CRC. Grades 3-8. 3:00-6:00pm. Killaloe Rink.

Friday, February 6
St. Andrew's Pancake Supper. 4:30-6:00pm. Adults \$7, ages 5-12 \$3 and 4 and under free. St. Andrew's Parish Hall.

Saturday, February 7
Craft and Story Time. 10:00-11:00am. Ages 5-10. Killaloe Public Library.

The Amazing SnoFun Race Scavenger Hunt. 11:00am-3:00pm. Pick up clue sheets at Killaloe Hardware at 11:00am.

Dance at the Lions Hall. 8:30pm. Live music. \$10 per person. Restricted.

Sunday, February 8
Sledding and Bonfire. 9:30am. At Garney's Ranch, Zummach Drive. Free hotdogs and hot chocolate.



Creative Arts Studio Programs

Plenty of opportunities for art participation

The Ottawa Valley Creative Arts Open Studio (OV-CAOS) is a non-profit organization located at 29 North Street in Killaloe. Over the past few years, artists have delivered more than 140 workshops at the Centre, including a popular youth theatre program, Acting Up in Killaloe, and a Creative Aging series for seniors. The Centre also offers arts workshops for adults and children of all ages.

2015 Programs

On Saturday afternoons in January, you will find local artist and puppet-maker, Megan Spencer, guiding a group in the art of puppet making. On Friday afternoons from 1:00-5:00pm we invite open studio drop-ins, where people can bring their



own project or make something inspired by the studio's rich variety of art materials.

Story Gathering Workshops

In the Fall of 2014, a group of artists and volunteers went on the road to hold story-gathering workshops with seniors in Eganville, Pikwakanagan, Killaloe, and Barry's Bay. The group will unveil an exciting exhibition and performance

based on local stories at the Killaloe Public Library in mid-March.

Thanks to OTF

The Studio was made possible with funding from the Ontario Trillium Foundation. This has allowed workshops to be offered free-of-charge, which makes the Centre available to everyone in the community.

The Ontario Arts Council will also be providing funding for a new project that will run into the summer. OV-CAOS is also a partner in a national community arts project called Train of Thought. Details on this project will be announced this spring.

For more information on the Centre, please visit our website: www.ov-caos.org

PUBLISHING DATES AND DEADLINES

April 2015 Issue
Deadline: April 1

June 2015 Issue
Deadline: May 15

August 2015 Issue
Deadline: July 15

September 2015 Issue
Deadline: September 1

November 2015 Issue
Deadline: October 20

January 2016 Issue
Deadline: December 15

BUSINESS DIRECTORY

\$20 per issue. Book your listing with Maria Mayville: Khrvolunteernetwork@gmail.com

Proceeds from advertising support economic development initiatives within the municipality.

If you want to receive this by email, let us know and we'll add you to our list! You can also download the newsletter from the municipal website.

If you have an idea for the newsletter please contact us. We also accept photos and event listings.

Waste Disposal Sites & Hours

KILLALOE SITE

1049 Mask Road
Wednesday: 7:30am - 11:30am
Saturday: 8:00am - 4:00pm
Friday: Noon - 4:00pm

ROUND LAKE SITE

168 Sunrise Road
Thursday: 8:30am - 3:30pm
Sunday: 8:30am - 3:30pm
Closed on the Sundays of a holiday weekend. Open on the Mondays of a holiday weekend from 10:00am - 6:00pm.

Come In WE'RE
OPEN

Businesses You Should Know!

A quick reference of businesses and organizations around our region

Come In WE'RE
OPEN

Holistic Hands Massage

Phone: 613-639-0937
Pre-natal, deep tissue and relaxation massage available. Accepting new clients!

Family Fun Day February 14, 2015

www.lutherlyncamp.ca
Family Fun Day and Open House at Lutherlyn Camp in Golden Lake. 10:00am-4:00pm. Outdoor programs. Call 613-625-2994.

Ontario Highlands Tourist Organization

www.ohto.ca
Join for free as a tourist attraction or related business. Simply visit us online and get your business listed for free. Promote your business outside of our region by registering with Ontario Highlands.

Integrated Health Centre

www.ihcentre.ca
It's always a great time of year to focus on your health. Visit us in Pembroke for nutrition and supplements, fitness and therapy options. Professionals on staff and able to help you.

Petawawa Showcase

Phone: 613-635-3569
www.showcaseinpetawawa.ca
Promote your business or organization to thousands of people as a vendor at the area's largest tradeshow. Free to attend.

Layman Fire & Safety

Phone: 613-732-5320
www.laymanfireandsafety.com
First aid kits, eyewash stations, safety hard hats, safety gloves and more. For the outdoor worker on your list, we have it!

Free Course March 30, 2015

Phone: 613-625-2800 ext.253
Algonquin College free program for rural youth, women and Aboriginal Peoples interested in gaining hands-on skills to work in the construction industry.

M&R Feeds & Farm Supply

www.mandrfeeds.com
Plenty of winter products for rural households and farms. Drop by our locations in Micksburg, Pembroke or Shawville for everything from pets to shovels and farm supplies.

Renfrew County CFDC

www.rccfdc.org
We are now located in Renfrew! As of November 1st, our office has moved from Pembroke to Renfrew. Visit our website for our full contact information.

Health Matters Magazine

www.ovhealth.ca
Our Winter edition is now on the streets and our Spring/Summer edition publishes in January. Get your copy at local health businesses and organizations.

Algonquin Park

www.algonquinpark.on.ca
Winter in the Wild event at Algonquin Park on the Family Day long weekend. Held on Saturday, February 14. Indoor and outdoor activities.

Online Job Boards

www.ovjobs.ca
www.easternontariojobs.com
Do you have family who want to move back to the area? Send them to Eastern Ontario Jobs or Ottawa Valley Jobs for the best opportunities in the region.